

Equipment List

Knit & Ride an Icelandic horse

Saddlery, tack, rain gear and helmet are provided during the tour.

Note that any other riding equipment you may bring with you, as well as your riding clothes and boots, need to be disinfected when coming in Iceland: for more information about what riding equipment you are allowed to bring and how it should be disinfected, see the MAST document provided about the protection of the Icelandic horse.

Boots and Clothing – an opportunity to show off your beautiful handknits:

- Long sleeve shirt (thermal underwear) – Wool or synthetic.
- Long underwear (thermal underwear) – Wool or synthetic
- Warm wool or fleece sweater (2nd layer): bring 2 sweaters
- Warm socks: 4-5 pairs - Wool (or synthetic: polypropylene / polyester)
- Riding gloves: 2 pairs
- Mittens - Wool (or synthetic)
- Head-buff (to put under the helmet) - Wool (or synthetic)
- Hat or balaclava (when not riding) – Wool (or synthetic)
- A scarf, Cowl or Shawl - Wool (or synthetic).
- Comfortable pants
- Rubber boots and/or riding shoes with chaps (or hiking shoes with high cut to protect the ankles)
- Soft shoes for the evenings (can be your hiking shoes too)
- Inner slippers (for inside the huts)
- Goggles or sun glasses (because of the dust too)
- towel
- swimsuit (for the sauna)

Other gear:

- Light weight sleeping bag – Down or fibre.
- A travel sack/Duffel bag for your baggage that is transported between huts. Note that suitcases are to be avoided. You will however be able to leave any extra luggage in the locker room of the guesthouse in Reykjavik.
- Water container /bottle
- Ear plugs
- Camera, spare batteries, memory card or films.

Knitting equipment

Please make sure to bring the following equipment for the workshops. Wool is provided for knitting the swatches during the workshops but not for full size projects.

- Circular needles 80 cm / 31" long with a flexible string: bring a set of different sizes to be sure to match the gauge of the lopi sweater we will knit: 4, 4.5, 5, 5.5, 6 and 7 mm / US 6, 7, 8, 9,10 and 11. There´s a choice of 2 sweaters (see below).
- stitch holders og long safety pins
- Socks needles (circular or double pointed): 3 mm / US 2 1/2
- Crochet hook 3 mm/USC2 or D3
- Darning needle
- Scissors
 - Any extra knitting equipment such as stitch markers, tape measure, paper graph, etc..

Lopi sweaters



Útivist riding vest

Vest with front zipper and pockets (also optional long sleeves).

Knitted with Léttlopi or 2 strands of plötulopi on 4 and 4,5 mm/US 6 and 7 needles with a gauge of 18 sts per 10 cm/4".



The 5 gaits of the Icelandic horse

Sweater with short front zipper (also optional crew neck and no zipper).

Knitted with 1 strand of plötulopi and 1 strand of Love Story together (can also be knitted thicker with 2 or 3 strand of plötulopi) on 6 and 7 mm /US 10 and 11 needles with a gauge of 15 sts per 10 cm/4".